

Creation Date 15-Dec-2011

Revision Date 29-Sep-2023

Revision Number 7

SECTION 1: IDENTIFICATION OF THE SUBSTANCE/MIXTURE AND OF THE COMPANY/UNDERTAKING

1.1. Product identifier

Product Description:	<u>Calcium thioglycolate trihydrate</u>
Cat No. :	367030000; 367031000; 367035000
Synonyms	Acetic acid, mercapto-, calcium salt (1:1), trihydrate
CAS No	65208-41-5
Molecular Formula	C ₂ H ₂ Ca O ₂ S . 3 H ₂ O

1.2. Relevant identified uses of the substance or mixture and uses advised against

Recommended Use	Laboratory chemicals.
Uses advised against	No Information available

1.3. Details of the supplier of the safety data sheet

Company

EU entity/business name
Thermo Fisher Scientific
Janssen Pharmaceuticaaan 3a, 2440 Geel, Belgium

UK entity/business name
Fisher Scientific UK
Bishop Meadow Road,
Loughborough, Leicestershire LE11 5RG, United Kingdom

Swiss distributor - Fisher Scientific AG
Neuhofstrasse 11, CH 4153 Reinach
Tel: +41 (0) 56 618 41 11
e-mail - infoch@thermofisher.com

E-mail address begel.sdsdesk@thermofisher.com

1.4. Emergency telephone number

For information **US** call: 001-800-227-6701 / **Europe** call: +32 14 57 52 11
Emergency Number **US**:001-201-796-7100 / **Europe**: +32 14 57 52 99
CHEMTREC Tel. No.**US**:001-800-424-9300 / **Europe**:001-703-527-3887

customers in Switzerland:
Tox Info Suisse Emergency Number: **145 (24hr)**
Tox Info Suisse: +41-44 251 51 51 (Emergency number from abroad)
Chemtrec (24h) Toll-Free: 0800 564 402
Chemtrec Local: +41-43 508 20 11 (Zurich)

SECTION 2: HAZARDS IDENTIFICATION

2.1. Classification of the substance or mixture

SAFETY DATA SHEET

Calcium thioglycolate trihydrate

Revision Date 29-Sep-2023

CLP Classification - Regulation (EC) No 1272/2008

Physical hazards

Substances/mixtures corrosive to metal

Category 1 (H290)

Health hazards

Acute oral toxicity

Category 4 (H302)

Serious Eye Damage/Eye Irritation

Category 2 (H319)

Skin Sensitization

Category 1 (H317)

Specific target organ toxicity - (single exposure)

Category 3 (H335)

Environmental hazards

Based on available data, the classification criteria are not met

Full text of Hazard Statements: see section 16

2.2. Label elements



Signal Word

Warning

Hazard Statements

H290 - May be corrosive to metals

H302 - Harmful if swallowed

H317 - May cause an allergic skin reaction

H319 - Causes serious eye irritation

H335 - May cause respiratory irritation

Precautionary Statements

P301 + P330 + P331 - IF SWALLOWED: rinse mouth. Do NOT induce vomiting

P312 - Call a POISON CENTER or doctor if you feel unwell

P302 + P352 - IF ON SKIN: Wash with plenty of soap and water

P333 + P313 - If skin irritation or rash occurs: Get medical advice/attention

P337 + P313 - If eye irritation persists: Get medical advice/attention

P304 + P340 - IF INHALED: Remove person to fresh air and keep comfortable for breathing

P280 - Wear protective gloves/protective clothing/eye protection/face protection

2.3. Other hazards

This product does not contain any known or suspected endocrine disruptors

SECTION 3: COMPOSITION/INFORMATION ON INGREDIENTS

SAFETY DATA SHEET

Calcium thioglycolate trihydrate

Revision Date 29-Sep-2023

3.1. Substances

Component	CAS No	EC No	Weight %	CLP Classification - Regulation (EC) No 1272/2008
Acetic acid, mercapto-, calcium salt (1:1), trihydrate	65208-41-5		>95	Met. Corr. 1 (H290) Acute Tox. 4 (H302) Skin Sens. 1 (H317) Eye Irrit. 2 (H319) STOT SE 3 (H335)
Acetic acid, mercapto-, calcium salt (1:1)	29820-13-1	EEC No. 249-881-5	-	Met. Corr. 1 (H290) Acute Tox. 4 (H302) Skin Sens. 1 (H317) Eye Irrit. 2 (H319) STOT SE 3 (H335)

Full text of Hazard Statements: see section 16

SECTION 4: FIRST AID MEASURES

4.1. Description of first aid measures

General Advice	If symptoms persist, call a physician.
Eye Contact	Rinse immediately with plenty of water, also under the eyelids, for at least 15 minutes. Get medical attention.
Skin Contact	Wash off immediately with plenty of water for at least 15 minutes. If skin irritation persists, call a physician.
Ingestion	Clean mouth with water and drink afterwards plenty of water. Get medical attention if symptoms occur.
Inhalation	Remove to fresh air. If not breathing, give artificial respiration. Get medical attention if symptoms occur.
Self-Protection of the First Aider	Ensure that medical personnel are aware of the material(s) involved, take precautions to protect themselves and prevent spread of contamination.

4.2. Most important symptoms and effects, both acute and delayed

May cause allergic skin reaction. Symptoms of allergic reaction may include rash, itching, swelling, trouble breathing, tingling of the hands and feet, dizziness, lightheadedness, chest pain, muscle pain or flushing

4.3. Indication of any immediate medical attention and special treatment needed

Notes to Physician	Treat symptomatically.
---------------------------	------------------------

SECTION 5: FIREFIGHTING MEASURES

5.1. Extinguishing media

Suitable Extinguishing Media

Water spray, carbon dioxide (CO₂), dry chemical, alcohol-resistant foam.

Extinguishing media which must not be used for safety reasons

SAFETY DATA SHEET

Calcium thioglycolate trihydrate

Revision Date 29-Sep-2023

No information available.

5.2. Special hazards arising from the substance or mixture

Thermal decomposition can lead to release of irritating gases and vapors.

Hazardous Combustion Products

Sulfur oxides, Sulfides.

5.3. Advice for firefighters

As in any fire, wear self-contained breathing apparatus pressure-demand, MSHA/NIOSH (approved or equivalent) and full protective gear.

SECTION 6: ACCIDENTAL RELEASE MEASURES

6.1. Personal precautions, protective equipment and emergency procedures

Ensure adequate ventilation. Use personal protective equipment as required. Avoid dust formation.

6.2. Environmental precautions

Should not be released into the environment.

6.3. Methods and material for containment and cleaning up

Sweep up and shovel into suitable containers for disposal. Keep in suitable, closed containers for disposal.

6.4. Reference to other sections

Refer to protective measures listed in Sections 8 and 13.

SECTION 7: HANDLING AND STORAGE

7.1. Precautions for safe handling

Wear personal protective equipment/face protection. Ensure adequate ventilation. Do not get in eyes, on skin, or on clothing. Avoid ingestion and inhalation. Avoid dust formation.

Hygiene Measures

Handle in accordance with good industrial hygiene and safety practice. Keep away from food, drink and animal feeding stuffs. Do not eat, drink or smoke when using this product. Remove and wash contaminated clothing and gloves, including the inside, before re-use. Wash hands before breaks and after work.

7.2. Conditions for safe storage, including any incompatibilities

Keep in a dry, cool and well-ventilated place. Keep container tightly closed.

Technical Rules for Hazardous Substances (TRGS) 510
Storage Class (LGK) (Germany)

Storage Class/LGK 13

Switzerland - Storage of hazardous substances

Storage class - SC 11/13
<https://www.kvu.ch/de/themen/stoffe-und-produkte>
<https://www.kvu.ch/fr/themes/substances-et-produits>
<https://www.kvu.ch/it/temi/sostanze-e-prodotti>

7.3. Specific end use(s)

SAFETY DATA SHEET

Calcium thioglycolate trihydrate

Revision Date 29-Sep-2023

Use in laboratories

SECTION 8: EXPOSURE CONTROLS/PERSONAL PROTECTION

8.1. Control parameters

Exposure limits

This product, as supplied, does not contain any hazardous materials with occupational exposure limits established by the region specific regulatory bodies

Biological limit values

This product, as supplied, does not contain any hazardous materials with biological limits established by the region specific regulatory bodies

Monitoring methods

BS EN 14042:2003 Title Identifier: Workplace atmospheres. Guide for the application and use of procedures for the assessment of exposure to chemical and biological agents.

MDHS14/3 General methods for sampling and gravimetric analysis of respirable and inhalable dust

Derived No Effect Level (DNEL) / Derived Minimum Effect Level (DMEL)

See table for values

Component	Acute effects local (Dermal)	Acute effects systemic (Dermal)	Chronic effects local (Dermal)	Chronic effects systemic (Dermal)
Acetic acid, mercapto-, calcium salt (1:1) 29820-13-1 (-)			DNEL = 0.004mg/cm ²	DNEL = 2.06mg/kg bw/day

Component	Acute effects local (Inhalation)	Acute effects systemic (Inhalation)	Chronic effects local (Inhalation)	Chronic effects systemic (Inhalation)
Acetic acid, mercapto-, calcium salt (1:1) 29820-13-1 (-)				DNEL = 1.41mg/m ³

Predicted No Effect Concentration (PNEC)

See values below.

Component	Fresh water	Fresh water sediment	Water Intermittent	Microorganisms in sewage treatment	Soil (Agriculture)
Acetic acid, mercapto-, calcium salt (1:1) 29820-13-1 (-)	PNEC = 38µg/L		PNEC = 380µg/L	PNEC = 3.2mg/L	

Component	Marine water	Marine water sediment	Marine water Intermittent	Food chain	Air
Acetic acid, mercapto-,	PNEC = 3.8µg/L				

SAFETY DATA SHEET

Calcium thioglycolate trihydrate

Revision Date 29-Sep-2023

calcium salt (1:1) 29820-13-1 (-)					
--------------------------------------	--	--	--	--	--

8.2. Exposure controls

Engineering Measures

Ensure adequate ventilation, especially in confined areas. Ensure that eyewash stations and safety showers are close to the workstation location.

Wherever possible, engineering control measures such as the isolation or enclosure of the process, the introduction of process or equipment changes to minimise release or contact, and the use of properly designed ventilation systems, should be adopted to control hazardous materials at source

Personal protective equipment

Eye Protection

Goggles (European standard - EN 166)

Hand Protection

Protective gloves

Glove material	Breakthrough time	Glove thickness	EU standard	Glove comments
Natural rubber	See manufacturers	-	EN 374	(minimum requirement)
Nitrile rubber	recommendations			
Neoprene				
PVC				

Skin and body protection

Long sleeved clothing.

Inspect gloves before use. observe the instructions regarding permeability and breakthrough time which are provided by the supplier of the gloves. (Refer to manufacturer/supplier for information) gloves are suitable for the task: Chemical compatability, Dexterity, Operational conditions, User susceptibility, e.g. sensitisation effects, also take into consideration the specific local conditions under which the product is used, such as the danger of cuts, abrasion. gloves with care avoiding skin contamination.

Respiratory Protection

No protective equipment is needed under normal use conditions.

Large scale/emergency use

Use a NIOSH/MSHA or European Standard EN 136 approved respirator if exposure limits are exceeded or if irritation or other symptoms are experienced

Small scale/Laboratory use

Maintain adequate ventilation

Environmental exposure controls

No information available.

SECTION 9: PHYSICAL AND CHEMICAL PROPERTIES

9.1. Information on basic physical and chemical properties

Physical State	Solid	
Appearance	White	
Odor	Characteristic	
Odor Threshold	No data available	
Melting Point/Range	270 - 280 °C / 518 - 536 °F	
Softening Point	No data available	
Boiling Point/Range	No information available	
Flammability (liquid)	Not applicable	Solid
Flammability (solid,gas)	No information available	
Explosion Limits	No data available	
Flash Point	No information available	Method - No information available
Autoignition Temperature	No data available	
Decomposition Temperature	No data available	

SAFETY DATA SHEET

Calcium thioglycolate trihydrate

Revision Date 29-Sep-2023

pH	11-12 @ 20°C	10 g/L aq.sol
Viscosity	Not applicable	Solid
Water Solubility	70 g/L (25°C)	
Solubility in other solvents	No information available	
Partition Coefficient (n-octanol/water)		
Component	log Pow	
Acetic acid, mercapto-, calcium salt (1:1)	-2.99	
Vapor Pressure	No data available	
Density / Specific Gravity	No data available	
Bulk Density	No data available	
Vapor Density	Not applicable	Solid
Particle characteristics	No data available	

9.2. Other information

Molecular Formula	C2 H2 Ca O2 S . 3 H2 O
Molecular Weight	184.23
Evaporation Rate	Not applicable - Solid

SECTION 10: STABILITY AND REACTIVITY

10.1. Reactivity

None known, based on information available

10.2. Chemical stability

Stable under normal conditions.

10.3. Possibility of hazardous reactions

Hazardous Polymerization	No information available.
Hazardous Reactions	None under normal processing.

10.4. Conditions to avoid

Exposure to air. Incompatible products.

10.5. Incompatible materials

Strong acids. . Metals.

10.6. Hazardous decomposition products

Sulfur oxides. Sulfides.

SECTION 11: TOXICOLOGICAL INFORMATION

11.1. Information on hazard classes as defined in Regulation (EC) No 1272/2008

Product Information

(a) acute toxicity;

Oral	Category 4
Dermal	No data available
Inhalation	No data available

Component	LD50 Oral	LD50 Dermal	LC50 Inhalation
Acetic acid, mercapto-, calcium salt (1:1), trihydrate	352 g/L (Rat)	-	-
Acetic acid, mercapto-, calcium salt (1:1)	-	LD50 > 2000 mg/kg (Rat)	LC50 > 2729 mg/L (Rat) 4 h

SAFETY DATA SHEET

Calcium thioglycolate trihydrate

Revision Date 29-Sep-2023

--	--	--	--

(b) skin corrosion/irritation; No data available

(c) serious eye damage/irritation; Category 2

(d) respiratory or skin sensitization;

Respiratory No data available
Skin Category 1

May cause sensitization by skin contact

(e) germ cell mutagenicity; No data available

(f) carcinogenicity; No data available

There are no known carcinogenic chemicals in this product

(g) reproductive toxicity; No data available

(h) STOT-single exposure; Category 3

Results / Target organs Respiratory system.

(i) STOT-repeated exposure; No data available

Target Organs No information available.

(j) aspiration hazard; Not applicable
Solid

Other Adverse Effects The toxicological properties have not been fully investigated.

Symptoms / effects, both acute and delayed Symptoms of allergic reaction may include rash, itching, swelling, trouble breathing, tingling of the hands and feet, dizziness, lightheadedness, chest pain, muscle pain or flushing.

11.2. Information on other hazards

Endocrine Disrupting Properties Assess endocrine disrupting properties for human health. This product does not contain any known or suspected endocrine disruptors.

SECTION 12: ECOLOGICAL INFORMATION

12.1. Toxicity

Ecotoxicity effects

Contains no substances known to be hazardous to the environment or that are not degradable in waste water treatment plants.

12.2. Persistence and degradability

Persistence Soluble in water, Persistence is unlikely, based on information available.
Degradability Not relevant for inorganic substances.

SAFETY DATA SHEET

Calcium thioglycolate trihydrate

Revision Date 29-Sep-2023

12.3. Bioaccumulative potential

Bioaccumulation is unlikely

Component	log Pow	Bioconcentration factor (BCF)
Acetic acid, mercapto-, calcium salt (1:1)	-2.99	No data available

12.4. Mobility in soil

The product is water soluble, and may spread in water systems. Will likely be mobile in the environment due to its water solubility. Highly mobile in soils

12.5. Results of PBT and vPvB assessment

No data available for assessment.

12.6. Endocrine disrupting properties

Endocrine Disruptor Information

This product does not contain any known or suspected endocrine disruptors

12.7. Other adverse effects

Persistent Organic Pollutant
Ozone Depletion Potential

This product does not contain any known or suspected substance
This product does not contain any known or suspected substance

SECTION 13: DISPOSAL CONSIDERATIONS

13.1. Waste treatment methods

Waste from Residues/Unused Products

Waste is classified as hazardous. Dispose of in accordance with the European Directives on waste and hazardous waste. Dispose of in accordance with local regulations.

Contaminated Packaging

Dispose of this container to hazardous or special waste collection point.

European Waste Catalogue (EWC)

According to the European Waste Catalog, Waste Codes are not product specific, but application specific.

Other Information

Waste codes should be assigned by the user based on the application for which the product was used. Do not empty into drains.

Switzerland - Waste Ordinance

Disposal should be in accordance with applicable regional, national and local laws and regulations. Ordinance on the Avoidance and the Disposal of Waste (Waste Ordinance, ADWO) SR 814.600
<https://www.fedlex.admin.ch/eli/cc/2015/891/en>

SECTION 14: TRANSPORT INFORMATION

IMDG/IMO

14.1. UN number

UN3263

14.2. UN proper shipping name Technical Shipping Name

Corrosive solid, basic, organic, n.o.s.
Calcium thioglycolate trihydrate

14.3. Transport hazard class(es)

8

14.4. Packing group

III

ADR

14.1. UN number

UN3263

14.2. UN proper shipping name

Corrosive solid, basic, organic, n.o.s.

SAFETY DATA SHEET

Calcium thioglycolate trihydrate

Revision Date 29-Sep-2023

Technical Shipping Name Calcium thioglycolate trihydrate

14.3. Transport hazard class(es) 8

14.4. Packing group III

IATA

14.1. UN number UN3263

14.2. UN proper shipping name Corrosive solid, basic, organic, n.o.s.
Technical Shipping Name Calcium thioglycolate trihydrate

14.3. Transport hazard class(es) 8

14.4. Packing group III

14.5. Environmental hazards No hazards identified

14.6. Special precautions for user No special precautions required.

14.7. Maritime transport in bulk according to IMO instruments Not applicable, packaged goods

SECTION 15: REGULATORY INFORMATION

15.1. Safety, health and environmental regulations/legislation specific for the substance or mixture

International Inventories

Europe (EINECS/ELINCS/NLP), China (IECSC), Taiwan (TCSI), Korea (KECL), Japan (ENCS), Japan (ISHL), Canada (DSL/NDSL), Australia (AICS), New Zealand (NZIoC), Philippines (PICCS). US EPA (TSCA) - Toxic Substances Control Act, (40 CFR Part 710)

Component	CAS No	EINECS	ELINCS	NLP	IECSC	TCSI	KECL	ENCS	ISHL
Acetic acid, mercapto-, calcium salt (1:1), trihydrate	65208-41-5	-	-	-	-	X	-	-	-
Acetic acid, mercapto-, calcium salt (1:1)	29820-13-1	249-881-5	-	-	X	X	-	X	X

Component	CAS No	TSCA	TSCA Inventory notification - Active-Inactive	DSL	NDSL	AICS	NZIoC	PICCS
Acetic acid, mercapto-, calcium salt (1:1), trihydrate	65208-41-5	-	-	-	-	-	X	-
Acetic acid, mercapto-, calcium salt (1:1)	29820-13-1	X	ACTIVE	X	-	X	-	-

Legend: X - Listed '-' - Not Listed

KECL - NIER number or KE number (<http://ncis.nier.go.kr/en/main.do>)

Authorisation/Restrictions according to EU REACH

Not applicable

Component	CAS No	REACH (1907/2006) - Annex XIV - Substances Subject to Authorization	REACH (1907/2006) - Annex XVII - Restrictions on Certain Dangerous Substances	REACH Regulation (EC 1907/2006) article 59 - Candidate List of Substances of Very High Concern (SVHC)
Acetic acid, mercapto-, calcium salt (1:1), trihydrate	65208-41-5	-	-	-
Acetic acid, mercapto-, calcium salt (1:1)	29820-13-1	-	-	-

Seveso III Directive (2012/18/EC)

SAFETY DATA SHEET

Calcium thioglycolate trihydrate

Revision Date 29-Sep-2023

Component	CAS No	Seveso III Directive (2012/18/EC) - Qualifying Quantities for Major Accident Notification	Seveso III Directive (2012/18/EC) - Qualifying Quantities for Safety Report Requirements
Acetic acid, mercapto-, calcium salt (1:1), trihydrate	65208-41-5	Not applicable	Not applicable
Acetic acid, mercapto-, calcium salt (1:1)	29820-13-1	Not applicable	Not applicable

Regulation (EC) No 649/2012 of the European Parliament and of the Council of 4 July 2012 concerning the export and import of dangerous chemicals

Not applicable

Contains component(s) that meet a 'definition' of per & poly fluoroalkyl substance (PFAS)?

Not applicable

Take note of Directive 98/24/EC on the protection of the health and safety of workers from the risks related to chemical agents at work .

National Regulations

UK - Take note of Control of Substances Hazardous to Health Regulations (COSHH) 2002 and 2005 Amendment

WGK Classification

See table for values

Component	Germany - Water Classification (AwSV)	Germany - TA-Luft Class
Acetic acid, mercapto-, calcium salt (1:1), trihydrate	WGK1	

Swiss Regulations

Article 4 para. 4 of the Ordinance on the protection of young people in the workplace (SR 822.115) and Article 1 lit. f of the EAER regulation on hazardous work and young people (SR 822.115.2).

Take note on Article 13 Maternity Ordinance (SR 822.111.52) with regards expectant and nursing mothers.

15.2. Chemical safety assessment

A Chemical Safety Assessment/Report (CSA/CSR) has not been conducted

SECTION 16: OTHER INFORMATION

Full text of H-Statements referred to under sections 2 and 3

H290 - May be corrosive to metals

H302 - Harmful if swallowed

H317 - May cause an allergic skin reaction

H319 - Causes serious eye irritation

H335 - May cause respiratory irritation

Legend

CAS - Chemical Abstracts Service

EINECS/ELINCS - European Inventory of Existing Commercial Chemical Substances/EU List of Notified Chemical Substances

PICCS - Philippines Inventory of Chemicals and Chemical Substances

IECSC - Chinese Inventory of Existing Chemical Substances

KECL - Korean Existing and Evaluated Chemical Substances

TSCA - United States Toxic Substances Control Act Section 8(b) Inventory

DSL/NDL - Canadian Domestic Substances List/Non-Domestic Substances List

ENCS - Japanese Existing and New Chemical Substances

AICS - Australian Inventory of Chemical Substances

NZIoC - New Zealand Inventory of Chemicals

SAFETY DATA SHEET

Calcium thioglycolate trihydrate

Revision Date 29-Sep-2023

WEL - Workplace Exposure Limit
ACGIH - American Conference of Governmental Industrial Hygienists
DNEL - Derived No Effect Level
RPE - Respiratory Protective Equipment
LC50 - Lethal Concentration 50%
NOEC - No Observed Effect Concentration
PBT - Persistent, Bioaccumulative, Toxic

TWA - Time Weighted Average
IARC - International Agency for Research on Cancer
Predicted No Effect Concentration (PNEC)
LD50 - Lethal Dose 50%
EC50 - Effective Concentration 50%
POW - Partition coefficient Octanol:Water
vPvB - very Persistent, very Bioaccumulative

ADR - European Agreement Concerning the International Carriage of Dangerous Goods by Road
IMO/IMDG - International Maritime Organization/International Maritime Dangerous Goods Code
OECD - Organisation for Economic Co-operation and Development
BCF - Bioconcentration factor

ICAO/IATA - International Civil Aviation Organization/International Air Transport Association
MARPOL - International Convention for the Prevention of Pollution from Ships
ATE - Acute Toxicity Estimate
VOC - (volatile organic compound)

Key literature references and sources for data

<https://echa.europa.eu/information-on-chemicals>
Suppliers safety data sheet, Chemadvisor - LOLI, Merck index, RTECS

Training Advice

Chemical hazard awareness training, incorporating labelling, Safety Data Sheets (SDS), Personal Protective Equipment (PPE) and hygiene.

Use of personal protective equipment, covering appropriate selection, compatibility, breakthrough thresholds, care, maintenance, fit and standards.

First aid for chemical exposure, including the use of eye wash and safety showers.

Creation Date	15-Dec-2011
Revision Date	29-Sep-2023
Revision Summary	Not applicable.

This safety data sheet complies with the requirements of Regulation (EC) No. 1907/2006. COMMISSION REGULATION (EU) 2020/878 amending Annex II to Regulation (EC) No 1907/2006 .

For Switzerland - Compiled in accordance with the technical provisions referred to in Annex 2, Number 3, ChemO (SR 813.11 - Ordinance on Protection against Dangerous Substances and Preparations).

Disclaimer

The information provided in this Safety Data Sheet is correct to the best of our knowledge, information and belief at the date of its publication. The information given is designed only as a guidance for safe handling, use, processing, storage, transportation, disposal and release and is not to be considered a warranty or quality specification. The information relates only to the specific material designated and may not be valid for such material used in combination with any other materials or in any process, unless specified in the text

End of Safety Data Sheet